

# *NSS and Youth Red Cross Cell*



**Policy Document**



**MAHARAJA INSTITUTE OF TECHNOLOGY MYSORE**

*Belawadi, Srirangapatna Taluq, Mandya Dist - 571 438*

*Web Site: [www.mitmysore.in](http://www.mitmysore.in)*

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AFFILIATED TO,

VISVESVARAYA TECHNOLOGICAL UNIVERSITY (VTU),  
BELAGAVI

## PREFACE

The NSS and Youth Red Cross of Maharaja Institute of Technology Mysore is functioning since its inception in 2010 developing the students' personality through community service

The National Service Scheme also popularly called NSS has the overall objective of education while aiming at social transformation through the service of the NSS Volunteers who develop self confidence, independence, leadership quality, reasonability and time management as well garner chance at higher education and Job opportunities by doing the noble work of adopting village, collage camps and urban slums during camps.

The youth Red Cross unit of Maharaja Institute of Technology Mysore is affiliated to the Indian Red Cross Society estd. in 1920. Which is a member of the International federation of the Red Cross and Red Crescent Societies and is recognized by the International Committee of the Red Cross? Its Functioning is based on the seven fundamental principal of Humanity, Impartiality, neutrality, Independence, voluntary service, clarity and universality. It acts as an auxiliary to the state in carrying out humanities actives.

It is recommended that this policy document be reviewed and revised as required.

**PROF. KIRAN KUMAR L**

*Convener, NSSYRC Cell*

**DR. NARESH KUMAR B G**

*Chairman*

## DECLARATION

Uplifting the quality of life and as well to uphold the human values, dignity and ethics in work place is essential in all regards for the development of any organization let alone Maharaja Institute of Technology Mysore. In this regard, I am happy that the committee established for the same has come up with this Policy document.

I hereby declare that all information in this document is valid, true and complete in all aspects and as well bears complete accordance with the recommendations of Government of India as well the All India Council of Technical Education. The document shall bear the complete spectrum with which all stakeholders are to abide by until further proceedings with effect from 19/07/2018.

*Dr. B G Naresh Kumar*  
*Principal*

Date: \_\_/\_\_/\_\_\_\_

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## 1. INTRODUCTION

NSS and YRC Units are the social extension forums of MITM. These forums instill the great humanitarian spirit and values in the student community by making them participate in many kinds of social service activities. It makes the students socially responsible, caring and accountable citizens of the nation.

## 2. OBJECTIVE

The overall objective of NSS and YRC is Personality Development through the community service. The objectives of NSS and YRC are to:

- a) Understand the community in which they work.
- b) Understand themselves in relation to their community.
- c) Identify the needs and problems of the community and involve them in problem solving process.
- d) Develop among themselves' a sense of social and civic responsibility.
- e) Utilize their knowledge in finding practical solution to individual and community problems.
- f) Develop competence required for group-living and sharing of responsibilities.
- g) Gain skills in mobilizing community participation.
- h) Acquire leadership qualities and democratic attitude.
- i) Develop capacity to meet emergencies and natural disasters.
- j) Practice national integration and social harmony.
- k) Cleanliness in College premises and house surroundings
- l) Preparation of health posters and mottos
- m) Propaganda on health and cleanliness in villages, slums and towns
- n) Medical check-up in slums
- o) Cultural programmes on prevention of diseases

## 3. CREDENTIALS

### 3.1. MOTTO

The motto or watchword of the NSS and YRC is **“NOT ME BUT YOU”, “SERVICE TO SOCIETY”** It underlines that the welfare of an individual is ultimately dependent on the welfare of society on the whole. This expresses the essence of democratic living and upholds the

need of selfless service and appreciation of the other man's point of view and also consideration for fellow human beings.

### **3.2. SYMBOL**

The symbol of the National Service Scheme has been based on the **Giant Rath** Wheel of the world famous Konark Sun Temple of Orissa, India. These giant wheels of the sun temple portray the cycles of creation, preservation and release and signify the movement in life across time and space. The design of the symbol, a simplified form of the Sun Chariot wheel primarily depicts movement. The wheel signifies the progressive cycle of life. It stands for continuity as well as change and implies the continuous striving of NSS for social transformation and enlistment.

### **3.3. BADGE**

The NSS symbol is embossed on the NSS and YRC badge. The NSS volunteers wear it while undertaking any program or community service. The konark wheel in the symbol has eight bars, which represent the 24 hours of the day. Hence, the badge reminds the wearer to be in readiness for the service of the nation round the clock i.e. for 24 hours. The Red Color in the badge indicates that the NSS volunteers are full of young blood i.e. lively, active, energetic and full of high spirit. The Navy Blue Color indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of the mankind. The emblem must not be redrawn or altered in any way. Nothing must detract from the visual impact of the logotype and therefore no other elements should encroach on the white space of the emblem and logotype.

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### **3.4. NSS DAY /RED CROSS DAY**

NSS was formally launched on 24th September 1969, the birth Centenary year of Father of Nation. Therefore, 24 September is celebrated every year as NSS Day 8 May World Red Cross Red Crescent Day with appropriate program and activities.

## **4. ACTIVITIES**

### **4.1. REGULAR**

Under this, students undertake various need based programs in the adopted villages, College Campuses and Urban slums during weekends or after college hours.

120 hours per year and 240 hours for 2 consecutive years

1. General Orientation of NSS Volunteers. NSS Day Celebrations - 20 hrs.
2. Career guidance for the NSS Volunteers, by the experts and campus work. - 30 hrs.
3. Skill development (first aid, disaster management, public speaking, leadership motivation, HIV/AIDS awareness etc.). - 26 hrs.
4. Community Development Projects (in the adopted village) – Survey in the village, tree plantation, Health, Cleanliness, Road Safety, Visits to Homes, technical training for rural youth and SHG, sanitation, women development programmes, consumer Awareness etc. - 44 hrs. Total - 120 hrs.
5. Organize games/mock drills /exhibitions/lectures/demonstration on health & hygiene, disaster (man made, natural), road safety, climate change) in school it can be supplement to the curriculum.
6. Organize health camps (the CDMO and doctors in the locality should be consulted in this regard).
7. Organise cultural programmes.
8. Observation of important days (Annex IV).
9. Facilitate junior or youth volunteers to carry out community outreach activities.
10. Organize demonstration of fire fighting in consultation with the fire station closest to the school or college.
11. Help develop a disaster plan for the classroom or school/college.
12. Nomination of delegates for and organize inter-state and international programmes such as camps/workshops/seminars. Take emergency relief measures to the victims of natural disaster such as flood, fire, drought, cyclone, earthquake, epidemic, manmade disaster such as accidents etc. Within reach of the school/college on priority basis with available funds and intimate the local authorities about it Junior and Youth Red Cross immediately and district HQ soon. Such operations must be conducted under the direct supervision of the JRC/YRC counsellor/programme officer.

#### **4.2. SPECIAL CAMPING PROGRAM**

Under this, 7 days camp organized in the adopted villages with a specified theme being given by Govt. of India by involving local youth. The Special camp should be conducted only in the adopted village (for second year NSS volunteers) at least for three years continuously.

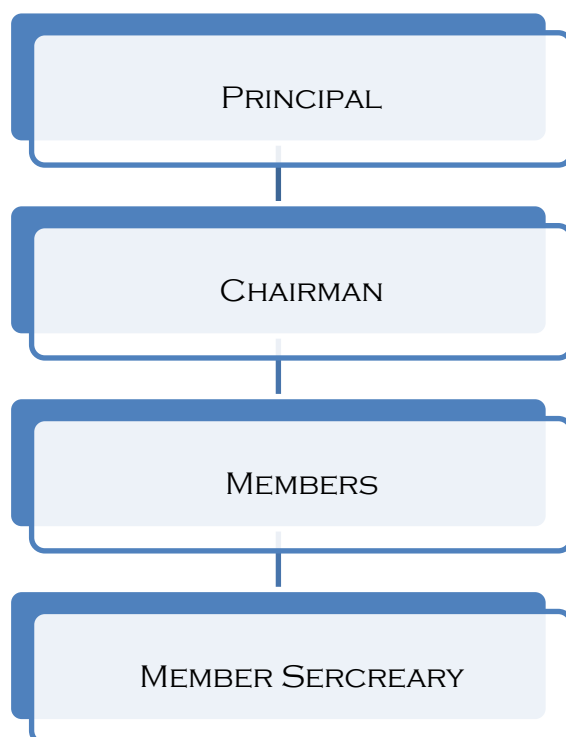


## 5. NSS AND YRC CONSTITUENT MEMBERS

The Cell consists of following members;

S/L	NAME AND CONTACT NUMBER	DESIGNATION AND DEPARTMENT	POSITION
1	Dr .B G Naresh Kumar	Principal	Chairman
2	Dr.C Ramakrishnegowda	Professor and Head Dept of CE	Member
3	Dr. Mohamed Khaisar	Professor and Head Dept of ME	Member
4	Dr. Mahesh Rao	Professor and Head Dept of EC	Member
5	Dr. Deepu R	Professor and Head Dept of CSE	Member
6	Dr. Sharath Kumar Y H	Professor and Head Dept of ISE	Member
7	Prof. Manjunath B	AssociateProfessor and Head Dept of MCA	Member
8	Dr. Raju H K	Professor and Head Dept of MBA	Member
9	Mr. Prakash	Ex. President GP Naguvanahalli	Member
10	Prof. Kiran Kumar L	Asst Professor Dept of Humanities	Coordinator/Member Secretary

### 5.1. ORGANIZATION STRUCTURE



## 6. NSS UNIT AND PROGRAMME OFFICER

One NSS unit consists of 100 student volunteers guided by one Program Officer who will be a **faculty member**. The Programme Officer is expected to motivate the student youth to understand the values and philosophy of NSS. The overall functions of Program Officer are to help the students to plan, implement and evaluate the activities of NSS under his/her charge and give proper guidance and directions to the student volunteers.

### 6.1. NSS STUDENT VOLUNTEERS

Any student enrolled as an NSS Volunteers, as per NSS Manual should put in at least 240 hours of useful social work in a continuous period of two year (i.e. 120 hours per year). **A work diary is to be maintained by each NSS Volunteer**, which will help him/her in the assessment his/her performance. Such volunteer is eligible to get NSS Service Certificate from the colleges. The Service Certificate given in the NSS Manual should be strictly adhered.

### 6.2. QUALIFICATION FOR THE NSS PROGRAMME OFFICER

- a) Program Officer will be selected from the members of teaching only.
- b) NCC Officers and Physical Education Directors should not be appointed as NSS Program Officer.
- c) In Women's Colleges lady teachers should be appointed as NSS Program Officers, However, male members may help the lady NSS Program Officers.
- d) A teacher who has high level of motivation, inclination and attitude for community work and above all, very good rapport with students should be preferred as NSS Program Officer.

### 6.3. NSS THEME FOR THE YEAR

Every year the Government of India a theme based on which the NSS activities of the year shall be carried out.

Under the theme **“Healthy Youth for Health India”** all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3 years.

### 6.4. ACTIVITIES OF NSS VOLUNTEERS AND ADOPTION OF VILLAGE

The activities under NSS are two-fold, viz,

- a) Regular Activities which are undertaken during the working days of the semester

- b) Special Camping activities for 7 days duration in the adopted villages / urban slum during vocation.

Each NSS unit in the college is expected to adopt a nearby village/slum and work for its all round development. Regular Activities and Special Camp should preferably be organized in the adopted village/rural unit/slum for this purpose.

### 6.5. NORMS FOR EXPENDITURE

Each NSS unit will be supported by Rs.22,500 per year for the following expenses.

- a) The amount of Rs.22, 500 sanctioned to each NSS unit in the College will be utilized as follows:
- b) Special Camping at Rs.450 per volunteers per day for 7 days for 50 volunteers - Rs.22,500
- c) Regular Activities for 100 volunteers at Rs.225 per volunteers per year - Rs.22,500

The allocation of Rs.22,500 for Regular Activities will be sent as follows:

1. Out-of-pocket allowance to Programme Officers - Rs.4, 800
2. Clerical assistance - Rs.1, 200

Sub Total-1 Rs.6, 000

3. Refreshment to NSS Volunteers - Rs.12, 000
4. Equipments / Utensils/Books for Career Guidance - Rs. 2000
5. TA to Programme Officers / Volunteers - Rs. 1,500
6. Contingencies - Rs. 1,000

Sub Total-2 Rs. 16,500

Grand Total per Unit (SubTotal-1+SubTotal-2) Rs.22, 500 ]

### 6.6. CORPUS FUND

As per the Directorate of Collegiate Education's and State Coordinator, NSS Letter No. Rc.No. 024081/P1/2003 dated 04.07.2003 all the Engineering Colleges sanctioned with NSS units shall collect **Rs.10 from all the students joining first year at the time of admission. This amount shall be distributed as follows:**

1. Rs.3 to be sent NSS Program Coordinator, Bharath University, Chennai – 600 073 by drawing Demand Draft in favor of NSS Program Coordinator, Bharath University.
2. Rs.2 to be sent to State NSS Coordinator, Directorate of Collegiate Education, Chennai – 600 006 by drawing Demand Draft in favor of State NSS Coordinator.

3. Rs.5 to be retained by the colleges as NSS Corpus Fund (which shall not be utilized for program expenditure for the present.)

### **6.7. DUTIES OF NSS VOLUNTEERS**

First and Second year students have to be enrolled as NSS Volunteers. NSS volunteer should put in

- ✓ Establish rapport with the people in the project area.
- ✓ Identify needs, problems and resources of the community.
- ✓ Plan program and carry out the plan.
- ✓ Relate learning experience towards finding solutions to the problem identified, and
- ✓ Record the activities in work diary systematically and assess the progress periodically and effect changes as and when needed.]

## **7. GUIDELINES FOR SPECIAL CAMPING PROGRAMMING FOR THE YEAR'S HEALTHY YOUTH FOR HEALTH INDIA**

Special Camps provide a unique opportunity to the student youth for group living leadership, close, interaction with the community, mutual understanding, tolerance, cohesion, etc. To make constructive use of student's leisure time for community work, these camps are organized during the vacations. During the Special Camps, students are expected to stay the communities where they are holding the camp. These camps are generally of 7 days duration. The objectives behind the theme will have to create awareness about health aspects like no usage of tobacco, HIV/AIDS awareness, Healthy food habits, hygiene drinking water, water born diseases.

Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education. This theme will be continued for the next 3-4 years.

### **Proposed activities:**

- Identification of the adopted villages / slum areas.
- Awareness drives through Youth Rallies.
- Community participation by involving members of the adopted villages and local institutions.
- Duration of the NSS Special Camps will be 7 days and the volunteers will have to stay overnight in the camp.

- Organizing Day Camps on the theme at the Adopted Villages on weekends.
- Evaluation of the camp may be done with the help of volunteers and the community.
- Documentation in the form of success stories, news paper, clipping, daily reports in students diary, action photographs, video recording may be made.
- The special camps organized during the quarter may be reflected in the Quarterly Progress Report and the report be sent to all the concerned in time.